



# Arcadia Farm Field Trips

## Overview for VA Schools

Arcadia Farm field trips are designed to connect students with where food comes from, while developing critical skills and meeting age-appropriate curriculum standards. Arcadia is a sustainable farm located at Woodlawn, a National Trust Historic Site in Alexandria, VA and it includes the Groundhog Garden, a half-acre space designed specifically for youth education.

After a field trip to Arcadia Farm, students will understand: 1) how to grow food sustainably with the natural cycles of the earth; 2) which fruits and vegetables are available in our region during different times of the year; and 3) that fruits and vegetables are healthy and delicious!

## Field Trip Schedule

At Arcadia Farm, students become farmers for the day! After students arrive on the farm we start with an introduction to sustainable food systems and a sensory scavenger hunt. Students then rotate through the following interactive stations in small groups:

- Incredible Edible Plants Station
- Pests and Pollination Station
- Superb Soil Station
- Funky Chicken Station
- Taste Sensation Station

Groups will eat lunch on the farm. Bring your own bagged lunches and we will provide water and picnic tables. Food harvested and prepared in the Taste Sensation Station will be served alongside lunch.

**Arcadia Farm hosts field trips on Wednesdays, Thursdays, and Fridays from March 20 – June 14 and September 4 – November 1.**

## VA Standards of Learning

Arcadia Farm field trip activities align with K-5th grade Standards of Learning.

	Science	English	Health
<b>Kindergarten</b>	K.1, K.2, K.6, K.7, K.9, K.11	K.1, K.2, K.11	K.1, K.2, K.6
<b>1<sup>st</sup> grade</b>	1.1, 1.4, 1.5, 1.7, 1.8	1.1, 1.2, 1.3, 1.12	1.2, 1.4, 1.6, 1.7
<b>2<sup>nd</sup> grade</b>	2.4, 2.5, 2.7, 2.8	2.1, 2.3	2.2
<b>3<sup>rd</sup> grade</b>	3.1, 3.4, 3.6, 3.7, 3.8, 3.10	3.1	3.1, 3.2
<b>4<sup>th</sup> grade</b>	4.5, 4.8	4.1	4.1
<b>5<sup>th</sup> grade</b>	5.1, 5.5	5.1	5.1, 5.2, 5.5



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## How to Participate

- Fill out the [online registration form](#).
- After completing the registration form, mail in signed field trip contract.
- Have parents/guardians of participating students sign Arcadia health/photo release forms.
- Work with our field trip team to discuss logistics and customize trip to your class' needs.
- Arrange for bus transportation to and from Arcadia Farm.
- Provide the appropriate number of chaperones—at least one teacher or chaperone per 10 students, with a maximum number of 5 adults total.
- Have students fill out pre-test prior to field trip and a post-test after field trip. Return tests to Arcadia via addressed, stamped envelope provided.

## Field Trip Costs

Field Trip costs are calculated according to the percentage of students eligible for Free or Reduced Meal Priced meals (FRP) and range between \$100 and \$400. All groups are required to send a \$50 deposit along with their registration contract to confirm their trip, which will be applied toward the field trip fee.



## Teacher testimonials

“The staff was extremely knowledgeable, friendly, and enthusiastic. The trip was well-organized and all students were engaged throughout the entire trip. The day was a huge success and the students learned a lot, while having a lot of fun!”

-Second grade teacher, fall 2012

“All the topics were interesting, age-appropriate and relevant to what we were studying at the time. I loved that the students got the opportunity to get hands on with their learning.”

-Third grade teacher, fall 2012

## Arcadia provides....

- An engaging farm experience for students that meets age-appropriate curriculum standards
- A safe, fascinating space for educational activities
- Lovely outdoor eating facilities, including picnic tables and drinking water
- Samples of farm-fresh produce for students, teacher(s) and chaperones
- Follow-up materials such as curriculum ideas, tools and resources for teachers

## More Information

For more information, visit <http://arcadiafood.org/arcadia-farm-field-trips> or email [morgan@arcadiafood.org](mailto:morgan@arcadiafood.org). We will work with you to finalize the date and logistics of the field trip, discuss specific curriculum connections, and tailor the trip to your specific needs and age group.

